

# OLIVER MCGOWAN TIER 2

## TARGET AUDIENCE

In July 2022 the Health and Social Care Act 2022 introduced a requirement that regulated service providers ensure their staff receive training on learning disability and autism which is appropriate to the person's role.

Attendance at this course will give staff the right knowledge and skills to ensure the people they support with a learning disability or autism have positive health and social care interactions. The Oliver McGowan training was developed for this purpose.

This 1-day tier 2 course consists of a half-day session on learning disability and a half day session on autism. It is essential that everyone has completed the tier 1 e-learning package prior to attending the tier 2 training.

This training is co-delivered with an expert with lived experienced of learning disabilities and an expert with lived experienced of autism.

This tier 2 course is mapped to the learning outcomes set out in "Right to be Heard" (DHSC, 2019) and Core Capabilities Frameworks for Supporting People with a Learning Disability and Core Capabilities Framework for Supporting People Autistic People.

**This training is delivered by an approved Oliver McGowan trainer.** Attendance at this session requires full interaction from learners so that everyone can leave this course with ideas of how to implement and action any knowledge gained. This will support the Oliver McGowan campaign to ensure that every person with a learning disability and autistic person has the right to excellent care and service from wherever they choose to access it.

## LEARNING OUTCOMES

**After attending this course, learners will be able to:**

- Give an overview of what a learning disability and autism is.
- Explain the positive impact of applying legislation into the day to day lives of people with a learning disability or autism.
- Reflect on own and organisational practice.
- Action plan for required changes in practice.

## COURSE CONTENT



### LEARNING DISABILITY SESSION:

- Acknowledge and understand our unconscious biases to avoid diagnostic overshadowing.
- Learning from the Lives and Deaths review, including co-morbidities
- STOMP – Stop the overmedication of people with a learning disability campaign.
- Understand what reasonable adjustments are and how to make them.
- How and when to use and apply The Mental Capacity Act 2005
- When to use and how to apply DNACPR
- Improving communication
- The importance of the role of hospital passports and annual health checks
- Self-reflection – What can you do differently

### AUTISM SESSION:

- Why autism is described as an invisible condition.
- Reflecting on own values and beliefs
- Recognising potential triggers for anxiety
- Identifying reasonable adjustments and ways to adapt your practice.
- Legislation and resources for inclusive enabling services
- Implementing actions from lessons learnt from Oliver.
- Self-reflection – What can you do differently

**DURATION: 7 HOURS**