



# YOUR OLIVER MCGOWAN TRAINING GUIDE



The Oliver McGowan Mandatory Training on Learning Disability and Autism Overview









## THE OLIVER MCGOWAN Mandatory training on Learning disability & Autism

Aiming to save lives by ensuring the health and social care workforce have the right skills and knowledge to provide safe, compassionate, and informed care to autistic people and people with a learning disability.

The Oliver McGowan Mandatory Training on Learning Disability and Autism is named after Oliver McGowan, whose death shone a light on the need for health and social care staff to have better training. The Health and Care Act 2022 introduced a statutory requirement that regulated service providers must ensure their staff receive learning disability and autism training appropriate to their role.

This training is the standardised package of learning that was developed for this purpose and is the government's preferred and recommended training for health and social care staff.

### **ABOUT THE TRAINING**

The Oliver McGowan Mandatory Training on Learning Disability and Autism is delivered by a key facilitator and is codelivered by 2 co-facilitators, 1 with a



lived experience of a learning disability and 1 with a lived experience of autism. The co-facilitators are known as Experts with Lived Experience (EWLE); they have a contract of employment and are paid for their time whilst at work co-delivering the training package.



This standardised package of learning can only be delivered by trained and approved accredited trainers. All must have attended the relevant Train the Trainer programme, and this includes Experts with Lived Experience.

The standardised training content, delivered by accredited trainers, means certification is transferable between employers. It is the government's preferred and recommended training and is recognised by national bodies advising on standards for the health and care sector.

## **ABOUT UNIQUE TRAINING SOLUTIONS**

Founded in 2003, Unique Training Solutions is a National health, social care and housing sector specialist provider of training courses and qualifications programmes.

With over 21 years of experience in partnering with many local authorities, NHS Trusts, private hospitals, social care employers and housing associations, we have built an outstanding reputation as a quality training provider who delivers impactful programmes.

The quality of our work is evidenced through our Centre of Excellence status with Skills for Care. This level of endorsement can only be achieved through demonstrating how our stakeholders, to include those in receipt of support, are involved in the development of our programmes and how these ultimately improve the quality of life for individuals.

UTS have accredited 'Lead' status for the provision of the range of Oliver McGowan training programme. This means we are accredited to deliver the following programmes:

- Tier 1 Webinars (1-hour)
- Tier 2 Face to Face training
- Tier 1 Webinar Train the Trainer
- Tier 2 Train the Trainer

We already have many teams of trainers delivering these programmes across the UK.





## **WHO SHOULD COMPLETE WHICH TIER?**

The Oliver McGowan Mandatory Training on Learning Disability and Autism comes in two tiers, and the route staff will undertake will depend on their job role.

#### TIER 1

Tier 1 of The Oliver McGowan Mandatory Training on Learning Disability and Autism comes in 2 parts.

#### TIER 1 PART 1

This is a 90-minute e-learning package with accompanying workbook, which is accessible to all, on-line and free of charge. Tier 1 part 1 must be completed by all staff regardless of job role.

#### TIER 1 PART 2

This is a one-hour, interactive webinar which must be delivered by an approved trio which consists of a key facilitator, an expert with lived experience of a learning disability and an expert of lived experience of autism.

Tier 1 part 1 and 2 is aimed at those who may come into contact with individuals

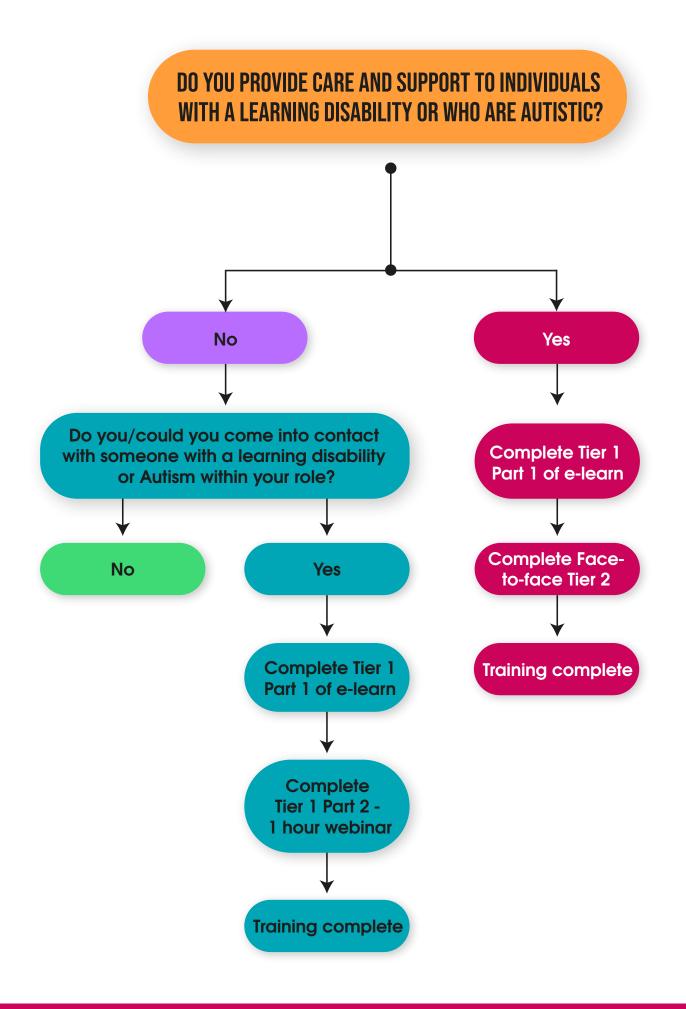
with a learning disability or are autistic as part of their day-to-day role. This may include roles such as housekeeping, maintenance, catering, reception, and administration. The Tier 1 programme is designed to provide a general awareness of the support individuals may need.

#### TIER 2

Tier 2 training is aimed at those who may need to provide care and support to those with a learning disability or are autistic. This is a face-to-face training session which is delivered by an accredited key facilitator and two lived experienced, accredited co-facilitators, one with lived experience of a learning disability and one with a lived experience of autism.

Prior to attending Tier 2 training, delegates must complete the Tier 1 part 1 e-learning training.

Please refer to our Oliver McGowan Tier 1 and Tier 2 programme brochure for full programme outlines.



## **TRAIN THE TRAINER PROGRAMMES**



As accredited Lead Trainers, we are approved to deliver both the Tier 1 Delivering Webinars to Others and the Tier 2 face-to-face Train the Trainer programmes. It was important to us to have this status to enable us to support our customers who want to build their internal capacity to deliver the Oliver McGowan programmes themselves.

All Key facilitators and co-facilitators who are experts with a lived experience, must achieve the Oliver McGowan Trained Trainer accredited status before they can deliver any training to others. You will not be able to deliver training to others without this. All train the trainer programmes are delivered by a Lead Trainer along with an expert with a lived experience of a learning disability and an expert with lived experience who is autistic.

## TIER 1 DELIVERING WEBINARS TRAIN THE TRAINER PROGRAMME

Before attending this programme, you will need to form your trio as you will attend the Tier 1 Delivering Webinars Train the Trainer programme together.

- Delivering 1 Hour Tier 1 Webinars is a 3-hour webinar-based Train the Trainer programme.
- Following training, trios will need to submit a recording of them delivering a Tier 1 Webinar as a trio for assessment.
- Trios will need to pass the assessment to become accredited to deliver.

#### **TIER 2 TRAIN THE TRAINER PROGRAMMES**

- Key facilitator training is a 2-day face to face Train the Trainer programme.
- Co-facilitator training for an expert with a lived experience of a learning disability is a 3-day Train the Trainer programme.
- Co-facilitaor training for an expert with a lived experience of autism is a 3-day Train the Trainer programme

Please refer to our Oliver McGowan Tier 1 and Tier 2 Train the Trainer brochure for full programme outlines.

## SUPPORTING INDIVIDUALS WITH A DISABILITY INTO EMPLOYMENT

Do you support someone with a learning disability or who is autistic who might be interested in joining our training team to become one of our experts with a lived experience trainer? Or maybe you know someone or have a family member who may be interested.

If so, please request our **Oliver McGowan Experts with Lived Experience Trainer Application pack** for more information so you can share this with others.

This can be requested from: info@uniquetrainingsolutions.co.uk or by calling 01727 733999. All those enquiring will be fully supported by our Experts with Lived Experience employability coach who will fully guide them through the process.

We feel very passionate about the support we provide to all our current and future Experts with a Lived Experience Trainers, and we are excited about the opportunities for meaningful, paid employment this training programme brings.



#### **SUMMARY**

As an organisation we feel very passionate about this training offer, and we are excited to see the amazing impact this training is already having on the quality of care and support being provided.

We would love to have the opportunity to work with you and your organisation to deliver these programmes to your staff teams whether you need 1 or 2 sessions or need to appoint a provider to work with on a much wider scale.

Please get in touch to find out more about how we can support you – we look forward to hearing from you.

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W: www.uniquetrainingsolutions.co.uk Linkedin: unique-training-solutions-Itd







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