

## Target Audience

---

Care and Support staff in a variety of settings and Housing Support Teams who are providing direct care and support. This course is suitable for all First Aiders and healthcare professionals as well as those in a high-risk environment where such medication to treat anaphylaxis is available.

An Anaphylactic shock, or anaphylaxis, is a life-threatening, serious allergic reaction to an allergen such as food substances or insect stings. If it is not treated appropriately it may cause death. This training is for qualified First Aiders and Emergency First Aiders to enable them to recognise and treat anaphylaxis safely and effectively.

When administering medication, it is important to recognise and differentiate between allergic reactions and the potentially life-threatening anaphylactic reactions immediately. It is also essential to determine whether the person has had an allergic or anaphylactic response to the medication in the past, prior to administration.

**This course is delivered using a range of methods and resources including:**

- ◆ Face to Face tutor facilitation, questionnaires, videos, scenarios, questioning and participation and an end of session assessment.

**This course has been developed and mapped to current occupational standards, qualification frameworks and the following documents and resources:**

- ◆ Resuscitation Council Guidelines: Emergency Treatment of Anaphylactic Reactions

## Course Content

---

- ◆ What is anaphylaxis?
- ◆ Common causes of anaphylaxis
- ◆ Signs and symptoms of anaphylaxis
- ◆ Treatment and management of anaphylaxis in the workplace
- ◆ Safe use of auto-injectors
- ◆ Risk assessment of anaphylaxis

## Learning Outcomes

---

**After attending this course, learners will be able to:**

- ◆ State what anaphylaxis is
- ◆ Explain the causes of anaphylaxis
- ◆ Recognise the signs and symptoms of anaphylaxis
- ◆ Describe how to treat and manage anaphylaxis
- ◆ State the legal position on treating an anaphylactic reaction in the workplace
- ◆ Demonstrate how to use adrenaline auto injectors safely and pass the information on in a safe and appropriate way

**Duration: 3 Hours**