

## Target Audience

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Care and Support staff in a variety of settings and Housing Support Teams who are providing direct care and support.

This course has been developed to support staff who are working with, or may work with, people who have Asperger Syndrome. The content of the course includes factual information about Asperger's as a syndrome as well as exploring the strategies and approaches that can be used to contribute to positive life outcomes for the person.

**This course is delivered using a range of methods and resources including:**

- ◆ Face to face tutor facilitation, questionnaires, scenarios and fact sheets for breakout groups, questioning and participation and an end of session assessment.

**This course has been developed and mapped to current occupational standards, qualification frameworks and the following documents and resources:**

- ◆ The Autism Act 2009

## Course Content

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- ◆ What is Asperger syndrome?
- ◆ Autism and Asperger syndrome – the connection
- ◆ Different names for Asperger syndrome
- ◆ How common is Asperger syndrome?
- ◆ Causes and cures - facts or myths
- ◆ The benefits of a diagnosis
- ◆ How is it diagnosed?
- ◆ How do people with Asperger syndrome see the world?
- ◆ Strategies and approaches

## Learning Outcomes

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**After attending this course, learners will be able to:**

- ◆ State what Asperger syndrome is
- ◆ List different names for Asperger syndrome
- ◆ State how common Asperger syndrome is
- ◆ List the facts or myths associated with Asperger syndrome
- ◆ Describe the benefits of a diagnosis
- ◆ Explain how Asperger syndrome is diagnosed
- ◆ Give an example of how people with Asperger syndrome may see the world
- ◆ Describe strategies and approaches available to support people with Asperger syndrome

**Duration: 3 Hours**