



## Target Audience

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Care and Support staff in a variety of settings, and Housing and Housing Support Teams who are providing direct care and support.

This course will build on learners' knowledge and understanding about Autism and explores theories and concepts about Autism which may impact on service provision. It enables learners to reflect each person's experience of Autism and support learners to explore areas of good practice that can contribute the positive health and wellbeing outcomes.

**This course is delivered using a range of methods and resources including:**

- ◆ Live tutor facilitation, questionnaires, interactive polls, videos and scenarios for breakout groups, questioning and participation and an end of session assessment.

**This course has been developed and mapped to current occupational standards, qualification frameworks and the following documents and resources:**

- ◆ Think Autism: Fulfilling and Rewarding Lives, the Strategy for Adults with Autism in England: An Update.
- ◆ Statutory Guidance for Local Authorities and NHS Organisations to Support Implementation of the Adult Autism Strategy
- ◆ Autism Act 2009
- ◆ DOH – Core Capabilities Framework for Supporting Autistic People

## Course Content

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- ◆ The Autism Act in practice
- ◆ A changing definition
- ◆ Social communication and social interaction challenges
- ◆ Autistic women and girls
- ◆ Difficulties in getting a diagnosis
- ◆ Managing sensory difficulties
- ◆ Successful relationships

## Learning Outcomes

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**After attending this course, learners will be able to:**

- ◆ State the impact of The Autism Act in practice
- ◆ Explain why definitions have changes
- ◆ Give an overview of the social communication and social interaction challenges
- ◆ Describe the impact of autism on women and girls
- ◆ Explain why there may be difficulties in getting a diagnosis
- ◆ Give an example of how to support a person's sensory difficulties
- ◆ Explain how you can support someone to build and retain successful relationships

**Duration: 6 Hours**