

## Target Audience

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People with responsibility for providing care and support for an autistic person or people, but who could seek support from others for complex management or complex decision-making. Tier 2 will be relevant to health and social care workers, including frontline care staff who are not autism specialists and those in other roles such as education and housing services that are providing care and support for autistic people.

There is an expectation that previous autism training or tier 1 training has been attended prior to attendance on tier 2 training.

Tier 2 may also be helpful to autistic people and the family, friends and carers of autistic people, to ensure they are making the most of the support on offer and can plan effectively for their current and future needs.

It is estimated that there are over 700,000<sup>1</sup> autistic people in the UK, equivalent to around 1.1% of the population. Many of these people and their families at one time or another, face a battle to get the right information, support and care. When skills, knowledge and understanding are lacking in the public service workforce this can create fundamental barriers for many autistic people in accessing the services they need.

The Government have now introduced a requirement, from 1st July 2022, for CQC registered service providers to ensure their employees receive autism training appropriate to their role. This is to ensure health and social care workforce have the right skills and knowledge to provide safe, compassionate, and informed care to autistic people. This requirement is set out in the Health and Care Act 2022.

### **This course is delivered using a range of methods and resources including:**

- ◆ Live tutor facilitation, polls and questionnaires, scenarios for breakout groups, questioning and participation and end of session assessment.

### **This course has been developed and mapped to current occupational standards, qualification frameworks and the following documents and resources:**

- ◆ The Core Capabilities Framework for Supporting Autistic People - Tier 2
- ◆ Domain A. Understanding Autism – Capability 1 Tier 2
- ◆ Domain A. Identification, assessment and diagnosis of autism – Capability 2 Tier 2
- ◆ Domain B. Personalised support – Capability 3, 4, 5, 6, 7, 8, 9, 10, 11, Tier 2
- ◆ Domain C. Physical and mental health – Capability 12, 13, 14, Tier 2
- ◆ Domain D. Risk, legislation and Safeguarding – Capability 15, 16, Tier 2
- ◆ Domain E. Leadership and management, education and research – Capability 17, 18, 19, Tier 2
- ◆ Advanced Clinical Practice Capabilities framework when working with people who have a learning disability and/or autism
- ◆ ‘Right to be heard’ DHSE 2019
- ◆ The Autism Act 2019
- ◆ The Mental Capacity Act 2005

## Course Content

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- ◆ Identifying practical strategies to offer person-centred support to autistic people in a range of day to day situations
- ◆ Physical, mental health and wellbeing, and how inequality may affect autistic people
- ◆ Promoting equal access to autism diagnostic assessments
- ◆ Using and adapting care and support approaches in a person-centred way to meet the needs of autistic people
- ◆ Effective communication and interactions
- ◆ Sensory processing and the environment
- ◆ The significance and value of families, carers and social networks
- ◆ Supporting changes throughout life
- ◆ Forensic support and risk
- ◆ Support autistic people to maintain their relationships
- ◆ Meaningful activity and independence
- ◆ Law, ethics and safeguarding
- ◆ Equality, diversity and inclusion
- ◆ Features of effective team performance
- ◆ Continuing professional development and evidence-based practice

## Learning Outcomes

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### After attending this course, learners will be able to:

- ◆ Give an overview of how the spectrum of autism consists of a range of both abilities and disabilities, recognising that not all of these may be obvious
- ◆ Know the importance of equal, timely access to autism assessment and diagnosis and some of the barriers to diagnosis and work effectively with colleagues and the multi-professional team, to collate and share data
- ◆ Understand the impact of effective communication in all areas of a person's life
- ◆ Create and adjust environments to be inclusive and welcoming
- ◆ Contribute to the development of practices and services that reflect the culture, wishes and needs of families and carers
- ◆ Identify how and when to seek additional expertise
- ◆ Understand the value of engagement in education, training, employment, or meaningful occupation
- ◆ Contribute to the development of health action plans and understand how legislation and policies promote and protect the rights of autistic people
- ◆ Actively challenge any discriminatory practice
- ◆ Support individual team members to work towards agreed objectives
- ◆ Know how to undertake personal development based on the changing needs of the individuals using the service

**Duration: 7 Hours**