



## Target Audience

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Care and Support staff in a variety of settings and Housing Support Teams who are providing direct care and support.

This Basic Life Support course will provide learners with the skills and knowledge required to act in an emergency, providing the casualty with critical lifesaving assistance until support arrives.

**This course is delivered using a range of methods and resources including:**

- ◆ Live tutor facilitation, interactive polls, questionnaires and drawing tools, scenarios for breakout groups, questioning and participation, videos, practical demonstrations and end of course practical assessment via use of the webcam.

**This course has been developed and mapped to current occupational standards, qualification frameworks and the following documents and resources:**

- ◆ Resuscitation Council (UK) Guidelines

## Course Content

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- ◆ The 3 'P's for a first aider
- ◆ Principles of a DNACPR
- ◆ Managing a casualty that is choking
- ◆ Managing a casualty that is not breathing
- ◆ CPR and AED's
- ◆ Accident reporting

## Learning Outcomes

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**After attending this course, learners will be able to:**

- ◆ List the 3 'P's for a first aider
- ◆ State the principles of a DNACPR
- ◆ Explain how to manage a casualty that is choking
- ◆ Explain how to manage a casualty that is not breathing
- ◆ Describe how to perform CPR and use an AED's
- ◆ Describe the details required to complete an accident report

**Duration: 1.5 Hours**