



Target Audience

Care and Support staff in a variety of settings and Housing Support Teams who are providing direct care and support.

The Care Certificate is an agreed set of standards that define the knowledge, skills and behaviours expected of specific job roles in the Health and Social care sectors. It's made up of 15 minimum standards that should be covered if you are 'new to care' and should form part of a robust induction programme. Additionally, it includes Safe Handling of medication, Moving and Positioning, Fire Safety and Food Hygiene. The Care Certificate was developed jointly by Skills for Care, Health Education England and Skills for Health.

This course is delivered using a range of methods and resources including:

- ◆ Live tutor facilitation, interactive polls, questionnaires and drawing tools, scenarios for breakout groups, questioning and participation, videos and an end of session assessment.

This course has been developed and mapped to current occupational standards, qualification frameworks and the following documents and resources:

- ◆ Skills for Care – The Care Certificate

Programme Content

Day 1:

- ◆ 9.30am – 11.30am The Role of the Care and Support Worker and Duty of Care
- ◆ 12.00pm – 1.30pm Privacy & Dignity and Equality & Diversity
- ◆ 2.00pm – 4.30pm Safeguarding Adults and Children

Day 2:

- ◆ 9.30am – 12.30pm Advanced Infection Prevention & Control with Covid-19
- ◆ 1.30pm – 4.30pm Health & Safety and Fire Safety

Day 3:

- ◆ 9.30am - 12.30pm Moving & Positioning
- ◆ 1pm - 2pm Basic Life Support
- ◆ 2.30pm - 4.30pm Fluids & Nutrition and Food Hygiene

Day 4:

- ◆ 9.30am – 11.30am Understand Mental Health, Learning Disability & Dementia
- ◆ 12.00pm – 1pm Personal Development
- ◆ 2pm – 4pm Person Centred Support

Day 5:

- ◆ 9.30am – 12.30pm Safe Handling of Medication
- ◆ 1.30pm – 3.30pm Communication and Handling Information

Care Certificate Workbooks Learners will be sent a workbook for each of the Care Certificate standards. Learners can print these and work on them during their training or they can be used to take notes and complete back in the workplace following the training. The workbooks will need to be assessed in-house.

Duration: 5 Days