



## Target Audience

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Care and Support staff in a variety of settings and Housing Support Teams who provide direct care and support.

The Care Act places a duty on each organisation to ensure that Care and Support plans are written in a Person Centred Way and that they support each individuals well-being and provide detailed information so that the care and support provided is effective within the setting that they are living.

With detailed effective planning to work towards, staff can support each person that they are working with to thrive and achieve both physical and mental well-being. With constant monitoring and recording any changes in each person well-being any deterioration can be picked up and acted on immediately. This will lead to less demand on other services and prevent the need for people to leave their own homes or services that they live in, to receive further care and support.

This course has been developed to provide the learner with the knowledge and skills required to implement and practice the recording, storing, sharing and accessing of information. Learners will look at how person-centred thinking affects provision of health and social care services and how their input into daily records and documentation will support those who review and develop care and support plans.

The course encourages the learner to explore their own role in implementing person centred thinking and planning, in particular with effective recording techniques.

**This course is delivered using a range of methods and resources including:**

- ◆ Live tutor facilitation, questionnaires, interactive polls, scenarios for breakout groups, questioning and participation, action planning and an end of session assessment.

**This course has been developed and mapped to current occupational standards, qualification frameworks and the following documents and resources:**

- ◆ The Care Act 2014: Personalising Care and Support Planning
- ◆ Think Local Act Personal Guide: Delivering Care and Support Planning

## Course Content

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- ◆ What are care and support plans?
- ◆ Purposes of care and support plans
- ◆ Getting the person involved
- ◆ What to include
- ◆ Use of terminology
- ◆ Benefits of using person centred thinking with individuals
- ◆ Beliefs and values on which person-centred thinking and planning is based

## Learning Outcomes

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**After attending this course, learners will be able to:**

- ◆ Complete daily notes and documentation in detail so that any deterioration in physical and mental well-being is recorded and reported
- ◆ Identify and work to any preventative measures that are in place to support each person to avoid unnecessary hospitalisation or being referred to other services
- ◆ Contribute to reports and documents using professional language and terminology which accurately describes a persons current abilities and physical and mental well-being

**Duration: 3 Hours**