

Target Audience

Care and Support staff in a variety of settings and Housing Support Teams who are providing direct care and support. This course has been developed to build on knowledge of diabetes and to support people to manage their diabetes or to provide the support required.

The duration of this course includes time for each learner to demonstrate the use of a Glucometer.

This course is delivered using a range of methods and resources including:

- ◆ Face to Face tutor facilitation, questionnaires, practical demonstration and practical assessment of the use of a Glucometer and an end of session assessment.

This course has been developed and mapped to current occupational standards, qualification frameworks and the following documents and resources:

- ◆ NICE Guidelines: Diabetes in Adults

Course Content

- ◆ Overview of diabetes as a condition
- ◆ Potential complications of unmanaged diabetes
- ◆ Using a Glucometer – Shown through use of video
- ◆ Blood sugar monitoring
- ◆ Reporting and recording results and concerns

Learning Outcomes

After attending this course, learners will be able to:

- ◆ Give an overview of diabetes as a condition
- ◆ List potential complications of unmanaged diabetes
- ◆ Demonstrate how to use a Glucometer
- ◆ Explain how to monitor blood sugar levels
- ◆ Describe how to report and record results and concerns about a person's condition

Duration: 6 Hours