



## Target Audience

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Care and Support staff in a variety of settings, and Housing and Housing Support Teams who are providing direct care and support.

This course has been developed to build the skills, knowledge, attitudes and values of care and support staff, enabling them to deliver personalised care and support where dignity is at the very heart of all they do. It will introduce equality, diversity and inclusion which are also fundamental to staff roles within Housing, Health and Social Care settings.

**This course is delivered using a range of methods and resources including:**

- ◆ Live tutor facilitation, questionnaires, interactive polls, videos and scenarios for breakout groups, questioning and participation and an end of session assessment.

**This course has been developed and mapped to current occupational standards, qualification frameworks and the following documents and resources:**

- ◆ The Care Certificate – Standard 7
- ◆ Skills for Care – Common Core Principles to Support Dignity
- ◆ Skills for Care – What values do I need to work in social care?

## Course Content

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- ◆ Definitions of dignity, respect and values
- ◆ Principles that underpin dignity, respect and values
- ◆ Maintaining the privacy and dignity of people being supported
- ◆ Supporting a person's right to make choices and decisions
- ◆ Active participation
- ◆ 6 'C's' – Compassion in practice
- ◆ The 7 common core principles to support dignity in adults social care – SfC
- ◆ The 10 Point Dignity Challenge

## Learning Outcomes

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**After attending this course, learners will be able to:**

- ◆ Define dignity, respect and values
- ◆ State principles that underpin dignity, respect and values
- ◆ Describe how to maintain privacy and dignity of the person being supported
- ◆ Give an example of how to support a person to make choices and decisions
- ◆ Explain what active participation
- ◆ List the 6 'C's' – Compassion in practice
- ◆ List the 7 common core principles to support dignity in adult social care – Skills for Care
- ◆ State what the 10 Point Dignity Challenge is

**Duration: 3 Hours**