



## Target Audience

---

Care and Support staff in a variety of settings and Housing Support Teams who are providing direct care and support.

This course has been developed for learners who support people with dysphagia or at risk of dysphagia. The course will provide all learners with an understanding of dysphagia as a condition and how to support someone to eat and drink using the International Dysphagia Diet Standardisation Initiative (IDDSI) framework.

**This course is delivered using a range of methods and resources including:**

- ◆ Live tutor facilitation, interactive polls, questionnaires, drawing tools, scenarios for breakout groups, questioning and participation, videos and end of session assessment.

**This course has been developed and mapped to current occupational standards, qualification frameworks and the following documents and resources:**

- ◆ Royal College of Speech and Language Therapists Guidance on Dysphagia IDDSI Framework

## Course Content

---

- ◆ What causes swallowing difficulty?
- ◆ Types of dysphagia
- ◆ Identifying dysphagia
- ◆ How is swallowing difficulty diagnosed?
- ◆ Treating swallowing difficulty
- ◆ Complications
- ◆ IDDSI Framework

## Learning Outcomes

---

**After attending this course, learners will be able to:**

- ◆ Explain the swallowing process and describe the possible cause that could create swallowing difficulty
- ◆ Describe the types of dysphagia
- ◆ List the identifying symptoms of dysphagia
- ◆ Explain the different methods of diagnosing dysphagia
- ◆ Describe the treatment options for dysphagia depending on the type
- ◆ List the possible complications that could arise due to dysphagia
- ◆ Explain in depth the IDDSI framework and how to put this into practice

**Duration: 3 Hours**