



Target Audience

Care and Support staff in a variety of settings and Housing Support Teams who provide direct care and support.

This course has been developed for learners to gain the knowledge and practical skills required to deal with a range of emergency first aid situations. Learners will be able to state what support they may need to get so that they can administer safe, prompt and effective first aid in emergency situations. They will gain an insight as to how they will support the qualified first aider including stocking of equipment and record keeping.

This course is delivered using a range of methods and resources including:

- ◆ Live tutor facilitation, questionnaires, observation of CPR on a manikin, First Aid kit, group discussions, video and scenarios for breakout groups, questioning and participation and an end of session assessment.

This course has been developed and mapped to current occupational standards, qualification frameworks and the following documents and resources:

- ◆ Health and Safety (First Aid) Regulations 1981 (as amended)
- ◆ Resuscitation Council Guidelines

Course Content

- ◆ First aid legislation
- ◆ When and how to call for help
- ◆ First aid equipment
- ◆ How to complete an incident report form
- ◆ Control of bleeding and how to control severe external bleeding
- ◆ How to minimise the risk of infection
- ◆ Choking and how to treat a casualty who is choking
- ◆ CPR
- ◆ The recovery position

Learning Outcomes

After attending this course, learners will be able to:

- ◆ State the role and responsibilities of an emergency first aider
- ◆ Demonstrate how to assess an incident
- ◆ Manage an unresponsive casualty who is breathing normally
- ◆ Manage an unresponsive casualty who is not breathing normally
- ◆ Describe how to recognise and assist a casualty who is choking
- ◆ Manage a casualty who is wounded and bleeding
- ◆ Identify and complete the correct documentation

Duration: 3 Hours