



# Enteral Feeding - Peg Feeding – Percutaneous Endoscopic Gastrostomy



## Target Audience

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Care and Support staff in a variety of settings and Housing Support Teams who are providing direct care and support. In the Health, Housing with Care and Support and Social Care sector we are often supporting individuals with complex needs some of which may be seen as medical, however, with the knowledge and skills all care and support staff can support an individual with a PEG feed.

**This course is delivered using a range of methods and resources including:**

- ◆ Live tutor facilitation, interactive polls, questionnaires and drawing tools, videos, questioning and participation and an end of session assessment.

**This course has been developed and mapped to current occupational standards, qualification frameworks and the following documents and resources:**

- ◆ The Care Certificate Standard 8
- ◆ NICE Guidelines: Nutrition Support for Adults: Oral Nutrition Support, Enteral Tube Feeding and Parenteral Nutrition

## Course Content

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- ◆ PEG and the benefits
- ◆ Anatomy and Physiology of the digestive system
- ◆ The reason behind using a gastrostomy tube
- ◆ Administering PEG feeds and flushes
- ◆ Caring for a person using a PEG and recording on relevant documentation
- ◆ The complications and when to ask for help
- ◆ Malnutrition and how to prevent it
- ◆ How to support the use of a PEG feed in a person-centered dignified way

## Learning Outcomes

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**After attending this course, learners will be able to:**

- ◆ Describe a PEG and the benefits of PEG feeding
- ◆ Outline the basic Anatomy and Physiology of the digestive system
- ◆ State the reasons for using a gastrostomy tube
- ◆ Describe how to administer PEG feeds and flushes
- ◆ Identify how to care for a person using a PEG and how to record on relevant documentation
- ◆ List the complications and know when to ask for help
- ◆ Explain what the signs and symptom of malnutrition are how to prevent it occurring
- ◆ Describe how to support the use of a PEG feed in a person-centered dignified way

**Duration: 3 Hours**