



# First Aid at Work Refresher (FAW) – Two Day Requalification – Level 3 Award



## Target Audience

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This course is for all staff members who are the designated First Aider at Work and who are required to keep this qualification 'live'.

This comprehensive two-day course covers a wide range of First Aid emergencies, which will support learners to refresh their knowledge and bring practice up to date. It supports learners to gain qualification to the highest level of First Aid at Work, and which meets the statutory requirements of the Health & Safety (First Aid) regulations 1981.

The course may be taken up to three months before the First Aider's certificate expiry date but cannot be taken any later than 28 days after the expiry date. All successful learners will be issued with an accredited First Aid at Work Certificate, lasting for a period of 3 years, along with a wallet-sized plastic card detailing their qualification.

**This course is delivered using a range of methods and resources including:**

- ♦ Face to Face tutor facilitation, questionnaires, manikins and scenarios for breakout groups, questioning and participation, videos, and end of session assessment.

**This course has been developed and mapped to current occupational standards, qualification frameworks and the following documents and resources:**

- ♦ Resuscitation Council UK Guidelines

## Course Content

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### Day 1:

- ♦ Introduction
- ♦ Legalities, responsibilities and reporting
- ♦ Assessment of the situation
- ♦ Dealing with an unresponsive casualty
- ♦ Control of bleeding
- ♦ Head injuries
- ♦ Bandaging
- ♦ Eye injuries
- ♦ Poisoning

### Day 2:

- ♦ Sprains and Strains
- ♦ Fractures
- ♦ Burns
- ♦ Shock
- ♦ Choking
- ♦ Resuscitation
- ♦ Practical Assessment

## Learning Outcomes

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**After attending this course, learners will be able to:**

- ♦ Explain the role and responsibilities of an emergency First Aider
- ♦ Demonstrate how to assess an incident
- ♦ Manage an unresponsive casualty who is breathing normally
- ♦ Manage an unresponsive casualty who is not breathing normally
- ♦ Recognise and assist a casualty who is choking
- ♦ Manage a casualty who is wounded and bleeding
- ♦ Manage a casualty who is in shock
- ♦ Demonstrate how to manage a casualty with a minor injury

**Duration: 2 Days – 14 hours**