

## Target Audience

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Care and Support staff in a variety of settings and Housing Support Teams who are providing direct care and support, including maintenance teams.

This course is designed to look at the Health and Safety within Housing, Health and Social Care workplace settings. It provides the learner with the knowledge required to carry out their work safely and to promote and implement Health and Safety in their own work setting.

**This course is delivered using a range of methods and resources including:**

- ◆ Face to face tutor facilitation, large group discussions, questioning, participation, scenarios for breakout groups, questioning and participation, videos, organisational policies, procedures, risk assessments and an end of session assessment.

**This course has been developed and mapped to current occupational standards, qualification frameworks and the following documents and resources:**

- ◆ HSE Guidance Documents:
- ◆ Involving your workforce in Health and Safety

## Course Content

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- ◆ Legislation in relation to UK Health and Safety
- ◆ Policies, procedures, insurances and responsibilities
- ◆ Regulations, Approved Codes of Practice and Good Practice Guidance including:
  - COSHH, RIDDOR, MHOR, PUWER, LOLER, First Aid
  - Electricity, Gas, Fire, Welfare, Stress, Lone working
- ◆ Risk assessment steps in the place of work

## Learning Outcomes

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**After attending this course, learners will be able to:**

- ◆ Explain how the Workplace (Health, Safety & Welfare) Regulations impacts your workplace
- ◆ Give an overview for a variety of regulations
- ◆ Define a hazard and demonstrate how to spot them
- ◆ List the possible causes of accidents and ill health within own work setting
- ◆ Explain employee's and employer's responsibilities
- ◆ Explain the importance of risk assessments
- ◆ Describe the basic principles of safe moving and handling/positioning
- ◆ Explain what regulations PUWER require for work equipment
- ◆ Explain how an employer must abide by Display Screen Equipment Regulations
- ◆ List the current requirements of Personal Protective Equipment
- ◆ List substance hazardous to health within own work setting
- ◆ Describe how to evaluate and act with regards to fire safety
- ◆ Describe the risk assessment process

**Duration: 3 Hours**