

## Target Audience

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Care and Support staff in a variety of settings and Housing Support Teams who provide direct care and support.

This course has been developed to give learners an insight into working with people who are affected by Parkinson's disease. For staff to work positively and constructively with people with Parkinson's, it is essential they have a good understanding of the condition and the effects it has on the lives of the people affected by it.

**This course is delivered using a range of methods and resources including:**

- ◆ Live tutor facilitation, questionnaires, interactive polls, scenarios for breakout groups, questioning and participation and an end of session assessment.

**This course has been developed and mapped to current occupational standards, qualification frameworks and the following documents and resources:**

- ◆ NICE Guidelines: Parkinson's Disease: Diagnosis and Management

## Course Content

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- ◆ What is Parkinson's Disease?
- ◆ Signs and symptoms
- ◆ Common associated problems
- ◆ Behavioural changes
- ◆ Communicating with a person with Parkinson's Disease
- ◆ Supporting a person to undertake their daily activities and fulfill their needs
- ◆ Improving quality of life
- ◆ Common medications used

## Learning Outcomes

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**After attending this course, learners will be able to:**

- ◆ State what Parkinson's Disease is
- ◆ List signs and symptom of the condition
- ◆ List common associated problems
- ◆ Describe behavioural changes that may occur
- ◆ Give an example of how to support a person to undertake their daily activities and fulfill their needs
- ◆ List common medications used for a person with Parkinsons Disease

**Duration: 4 Hours**