

Person Centred Care & Support



Target Audience

Care and Support staff in a variety of settings and Housing Support Teams who are providing direct care and support.

This course will provide learners with the knowledge and skills to understand what Person-Centred Support is and how to promote and implement person centred approaches.

It will explore PCP tools that are available and widely used within adult social care which can be used within Person-Centred Planning.

This course is delivered using a range of methods and resources including:

Face to Face tutor facilitation, questionnaires, scenarios for breakout groups, questioning and participation, videos, and end of session assessment.

This course has been developed and mapped to current occupational standards, qualification frameworks and the following documents and resources:

- The Care Certificate Standard 5
- NICE Guidance on Person Centred Care
- The Care Act 2014

Course Content

- Person centred values and the purpose and content of individual plans
- Assess individual needs prior to formulating a plan
- Person centred approaches to developing care plans involving individuals and their families
- Individual's capacity to consent
- Care/Support plans and person-centred tools
- Participant's roles and responsibilities for developing, implementing and maintaining plans
- The relationship between care/support planning and risk assessment
- Making PCP inclusive for all, including those who have limited or alternative methods of communication
- Actions and approaches in response to an individual's changing needs or preferences

Learning Outcomes

After attending this course, learners will be able to:

- Explain person centred values and describe the purpose and content of individual plans
- Explain how to assess individual needs prior to formulating a plan
- Explain person centred approaches to developing care plans involving individuals and their families
- Explain the importance of establishing consent when developing plans
- Describe Care/Support plans and person-centred tools
- State the participant's roles and responsibilities for developing, implementing and maintaining up to date plans
- Explain the relationship between care/support planning and risk assessment
- Describe how to make PCP inclusive for all, including those who have limited or alternative methods of communication
- Explain what actions and approaches to take in response to an individual's changing needs or preferences

Duration: 6 Hours