



## Target Audience

---

Care and Support staff in a variety of settings and Housing Support Teams who are providing direct care and support. This course has been developed to support staff to work in the most effective way to support people who display or may be at risk of presenting a behaviour which may be seen to be a challenge.

Learners will gain an understanding of some of the key components of Positive Behaviour Support, the theory, science and values that underpin PBS and how it works in practice. They will also gain information on identifying the purpose and meaning of a person's 'behaviour's' and the information that they will need to gain as evidence. Support strategies will be explored which can be put into place to improve the person's quality of life as well as the difference between proactive strategies and reactive strategies.

We will look at how to audit a support plan and explore the benefits of using a wellbeing framework. The course will include what will be needed at organisation level for the successful implementation of Positive Behaviour Support.

**This course is delivered using a range of methods and resources including:**

- ◆ Live tutor facilitation, interactive polls, questionnaires and drawing tools, scenarios for breakout groups, questioning and participation and an end of session assessment.

**This course has been developed and mapped to current occupational standards, qualification frameworks and the following documents and resources:**

- ◆ PBS competency framework
- ◆ Mental Capacity Act 2005
- ◆ Deprivation of Liberty Safeguards 2009
- ◆ The Care Act - Safeguarding
- ◆ Positive and Proactive Care: reducing the need for restrictive interventions – (Department of Health 2014)

## Course Content

---

- ◆ The background to Positive Behaviour Support
- ◆ Social and physical context in which the behaviors occur
- ◆ Planning and implementing ways of supporting the person which enhance quality of life for both the person themselves and their social circle
- ◆ Values and Human rights
- ◆ Positive Behaviour Strategies
- ◆ Support within the organisation to successfully implement PBS

## Learning Outcomes

---

**After attending this course, learners will be able to:**

- ◆ Give an overview to the background to PBS
- ◆ List social and physical context in which the behaviours may occur
- ◆ State the reason why it is important to work in a person centered way
- ◆ Explain the importance of values and a persons human rights
- ◆ Give an example of a module of behaviour strategy available
- ◆ State the importance of organisational support for successful implementation of PBS

**Duration: 6 Hours**