

## Target Audience

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Care and Support staff in a variety of settings and Housing Support Teams who provide direct care and support.

This course has been developed to improve the understanding of Schizophrenia, the person's experience of living with Schizophrenia and how to support someone who has a diagnosis. The course will challenge the myths and stereotypes surrounding the condition.

**This course is delivered using a range of methods and resources including:**

- ◆ Live tutor facilitation, questionnaires, interactive polls, scenarios for breakout groups, questioning and participation and an end of session assessment.

**This course has been developed and mapped to current occupational standards, qualification frameworks and the following documents and resources:**

- ◆ The Government document - No Health without Mental Health
- ◆ Skills for Care - The Common Core Principles to support good mental health and wellbeing in adult social care
- ◆ NICE Guidelines - Psychosis and schizophrenia in adults

## Course Content

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- ◆ What is Schizophrenia
- ◆ The causes of Schizophrenia
- ◆ Signs and Symptoms of Schizophrenia
- ◆ Types of Schizophrenia
- ◆ Treatments available
- ◆ Risks associated with Schizophrenia
- ◆ Practical tips of supporting an individual with Schizophrenia

## Learning Outcomes

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**After attending this course, learners will be able to:**

- ◆ Explain what is meant by the term Schizophrenia
- ◆ List the causes of Schizophrenia
- ◆ Describe the signs and symptoms associated with Schizophrenia
- ◆ List the different types of Schizophrenia
- ◆ Explain the different treatment options available
- ◆ List the risks associated with Schizophrenia
- ◆ Describe practical ways of supporting an individual with Schizophrenia

**Duration: 3 Hours**