

Target Audience

Care and Support staff in a variety of settings and Housing Support Teams who are providing direct care and support.

This course has been developed to provide learners with the knowledge and information required to be able to recognise the signs and symptoms of a stroke. Learners will gain an understanding of the types and causes of stroke and an insight into stroke prevention.

This course is delivered using a range of methods and resources including:

- ◆ Face to Face tutor facilitation, questionnaires, videos and scenarios for breakout groups, questioning and participation and an end of session assessment.

This course has been developed and mapped to current occupational standards, qualification frameworks and the following documents and resources:

- ◆ The Care Act 2014
- ◆ NICE Guidelines: Stroke in Adults and Stroke Rehabilitation in Adults

Course Content

- ◆ Legislation, policy and guidance that supports people after a stroke
- ◆ Best practice in the initial stages of stroke care management
- ◆ Encouraging people to review their lifestyles
- ◆ Implications of mental capacity
- ◆ Effects on the brain in relation to the ability to communicate
- ◆ Common communication methods and aids that can be used for support
- ◆ Pre-existing illnesses or disabilities that need to be taken into account
- ◆ Effects of communication difficulties
- ◆ Changes in the brain
- ◆ Physical effects of a stroke
- ◆ The impact of a stroke on swallowing, nutrition and sensory abilities
- ◆ How effects of a stroke can fluctuate
- ◆ Daily activities to promote recovery and independence
- ◆ Psychological and emotional effects
- ◆ The influence of person centred values
- ◆ Partnership working

Learning Outcomes

After attending this course, learners will be able to:

- ◆ Describe how to support people to manage the effects of their stroke according to legislation, policy and guidance
- ◆ List specific communication factors affecting individuals following a stroke
- ◆ Explain the impact of the effects of stroke on daily living
- ◆ Give an overview of the associated complications for a person following a stroke
- ◆ Explain the importance of adopting a person-centred approach in stroke care management

Duration: 6 Hours