



Target Audience

Care and Support staff in a variety of settings and Housing Support Teams who are providing direct care and support.

ADHD is a condition that is often surrounded by misconceptions and myths. This course looks at the factual information available to those who are supporting people with a diagnosis of this condition. All staff whose role includes providing advice or supporting children or adults with ADHD will benefit from attendance to this course.

This course is delivered using a range of methods and resources including:

- ◆ Live tutor facilitation, interactive polls, questionnaires, drawing tools, scenarios for breakout groups, questioning and participation and an end of session assessment.

This course has been developed and mapped to current occupational standards, qualification frameworks and the following documents and resources:

- ◆ NICE Guidelines: Attention Deficit Hyperactivity Disorder: Diagnosis and Management

Course Content

- ◆ What is Attention Deficit Hyperactivity Disorder?
- ◆ Causes and symptoms of ADHD
- ◆ How ADHD is diagnosed
- ◆ Treatment
- ◆ What conditions can coexist with ADHD
- ◆ Adults with ADHD

Learning Outcomes

After attending this course, learners will be able to:

- ◆ Describe ADHD
- ◆ List symptoms and causes
- ◆ Give an overview of the treatment available
- ◆ Recognise areas for practice development when supporting people with ADHD

Duration: 3 Hours