



Target Audience

Care and Support staff in a variety of settings, and Housing and Housing Support Teams who are providing direct care and support.

This course gives learners knowledge and understanding about Autism as a condition and explores theories and concepts about Autism. Learners will explore how Autism may be experienced very differently from person to person and the importance of understanding each person's unique needs.

This course supports learners to know what good care and support practice that can contribute the positive health and wellbeing outcomes looks like.

This course is delivered using a range of methods and resources including:

- ◆ Live tutor facilitation, questionnaires, interactive polls, videos and scenarios for breakout groups, questioning and participation and an end of session assessment.

This course has been developed and mapped to current occupational standards, qualification frameworks and the following documents and resources:

- ◆ Think Autism: Fulfilling and Rewarding Lives, the Strategy for Adults with Autism in England: An Update.
- ◆ Statutory Guidance for Local Authorities and NHS Organisations to Support Implementation of the Adult Autism Strategy
- ◆ Autism Act 2009
- ◆ DOH – Core Capabilities Framework for Supporting Autistic People

Course Content

- ◆ What is Autism?
- ◆ Causes of Autism
- ◆ Who is affected by Autism?
- ◆ The Autism Act
- ◆ A changing definition
- ◆ Social communication and social interaction challenges

Learning Outcomes

After attending this course, learners will be able to:

- ◆ State what Autism is
- ◆ Give an overview of causes of Autism
- ◆ State who is affected by Autism
- ◆ Explain what The Autism Act is
- ◆ Explain why the definition of Autism changes
- ◆ Give some examples of social communication and social interaction challenges

Duration: 3 Hours