Target Audience

Care and Support staff in a variety of settings and Housing Support Teams who are providing direct care and support.

Continence and Catheter Care is required by many people for a variety of reasons. Together with other professionals, Care and Support workers are able to provide support in a variety of settings to help individuals manage their continence with the use of a catheter. This session has been developed for all staff who have a responsibility to directly provide, or to support an individual to provide for themselves, safe and effective continence, and catheter care. The knowledge gained from this session, together with in-house organisational competency-based assessment, will provide learners with the knowledge and skills to provide continence and catheter care.

This course is delivered using a range of methods and resources including:

- Face to Face tutor facilitation, questionnaires, scenarios for group discussion, practical application of knowledge, video Links to Include; Different types of catheters, looking after a catheter and an end of session assessment.

This course has been developed and mapped to current occupational standards, qualification frameworks and the following documents and resources:

- Royal College of Nursing – Catheter Care – Feb 2019
- NHS Guidelines – NHS Improvement Urinary catheter tools – Feb 2019

Course Content

- How do catheters work
- Reasons for the use of a catheter
- Types of catheters – Intermittent and Indwelling
- Risks and Risk Management
- Catheter management
- Looking after the catheter

Learning Outcomes

After attending this course, learners will be able to:

- Describe how catheters work
- State the reasons for the use of a catheter
- List the different types of catheters
- Describe the risks associated with the use of a catheter and how to manage risk
- Give an overview of the catheter management process
- Demonstrate how to look after the catheter

Duration: 3 Hours