



## Target Audience

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Care and Support staff in a variety of settings and Housing Support Teams who are providing direct care and support.

Continence and Catheter Care is required by many people for a variety of reasons. Together with other professionals, Care and Support workers are able to provide support in a variety of settings to help individuals manage their continence with the use of a catheter. This session has been developed for all staff who have a responsibility to directly provide, or to support an individual to provide for themselves, safe and effective continence, and catheter care. The knowledge gained from this session, together with in-house organisational competency-based assessment, will provide learners with the knowledge and skills to provide continence and catheter care.

**This course is delivered using a range of methods and resources including:**

- ◆ Live tutor facilitation, interactive polls, questionnaires and drawing tools, scenarios for breakout groups, questioning and participation, Video Links to Include; Different types of catheters, looking after a catheter and an end of session assessment.

**This course has been developed and mapped to current occupational standards, qualification frameworks and the following documents and resources:**

- ◆ Royal College of Nursing – Catheter Care – Feb 2019
- ◆ NHS Guidelines – NHS Improvement Urinary catheter tools – Feb 2019

## Course Content

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- ◆ How do catheters work
- ◆ Reasons for the use of a catheter
- ◆ Types of catheters – Intermittent and Indwelling
- ◆ Risks and Risk Management
- ◆ Catheter management
- ◆ Looking after the catheter
- ◆ Practical actions to take following this session

## Learning Outcomes

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**After attending this course, learners will be able to:**

- ◆ Describe how catheters work
- ◆ State the reasons for the use of a catheter
- ◆ List the different types of catheters
- ◆ Describe the risks associated with the use of a catheter and how to manage risk
- ◆ Give an overview of the catheter management process
- ◆ Explain how to look after the catheter
- ◆ State the required actions to take in-house following this session

**Duration: 2 Hours**