



# Emergency First Aid at Work (EFAW) 1 Day Level 3 Award



## Target Audience

---

All staff in a variety of settings across Housing, Health and Social Care who have been designated as the Emergency First Aider at Work.

A risk assessment of first aid needs may identify the need for Emergency First Aiders in the workplace as an addition to First Aider. In some circumstance Emergency First Aiders at work are sufficient to deal with First Aid situations that occur within their workplaces, and in accordance with policy, to gain support from emergency services if required.

This award satisfies the requirements of the Regulatory Body for First Aid - the Health and Safety Executive (HSE) and HSENI (Northern Ireland).

After attendance at this course learners will have the skills and knowledge to provide the organisation with emergency first aid cover that provides treatment to the people they support and their employees in a prompt, safe and effective manner and within the roles and responsibilities of their job role.

### Assessment & Certification

Assessment of learning is ongoing throughout the course by the instructor through discussion, questioning, individual and group activities, practical work, observations and a multiple-choice questions paper.

This course is fully accredited and on successful completion, learners will receive a certificate valid for 3 years from our awarding body.

It is a recommendation by the HSE and HSENI, that the learners consider an annual 3 hour refresher.

### This course is delivered using a range of methods and resources including:

- ◆ Face to Face tutor facilitation, questionnaires, scenarios for breakout groups, questioning and participation, videos and practical use of first aid box, manikins and an AED, and an end of session assessment.

### This course has been developed and mapped to current occupational standards, qualification frameworks and the following documents and resources:

- ◆ Health and Safety (First Aid) Regulations 1981 (as amended)
- ◆ Resuscitation Council Guidelines
- ◆ The Care Certificate Standard 12

## Course Content

---

- ◆ Introduction-The First Aider
- ◆ What is First Aid?
- ◆ First Aid in the work place
- ◆ Responsibilities of the First Aider
- ◆ Actions in an emergency
- ◆ Primary assessment
- ◆ Secondary assessment
- ◆ Breathing and circulation
- ◆ Resuscitation and AED Awareness
- ◆ Disorders of respiration
- ◆ Disorders of the circulation



# Emergency First Aid at Work (EFAW) 1 Day Level 3 Award



## Learning Outcomes

---

After attending this course, learners will be:

- ◆ State the role and responsibilities of an emergency First Aider
- ◆ Demonstrate how to assess an incident
- ◆ Demonstrate how to manage an unresponsive casualty who is breathing normally
- ◆ Manage an unresponsive casualty who is not breathing normally
- ◆ Describe how to recognise and assist a casualty who is choking
- ◆ Manage a casualty who is wounded and bleeding
- ◆ Manage a casualty who is in shock
- ◆ Explain how to manage a casualty with a minor injury
- ◆ State own responsibilities, and the responsibilities of others, relating to Health and Safety in the work setting
- ◆ Describe the procedure for responding to accidents and sudden illness

**Duration: 7 Hours**