

Target Audience

Care and Support staff in a variety of settings and Housing Support Teams who are providing direct care and support.

This course will support staff teams to gain the knowledge and skills required to support people with their End-of-Life Care. Supporting a person at the end of their life is an essential part of the support that we can offer to people, and it is essential we do this in a professional manner while ensuring we provide empathy and a person-centred approach based on the persons wishes.

This course is delivered using a range of methods and resources including:

- ◆ Face to face tutor facilitation, fact sheets for research within groups, large group discussions, questioning, participation and an end of session assessment.

This course has been developed and mapped to current occupational standards, qualification frameworks and the following documents and resources:

- ◆ Compassion in dying: Advance decision pack
- ◆ Alzheimer's society: End of life care
- ◆ NICE: Care of dying adults in the last days of life
- ◆ The National council for palliative care: Every moment counts

Course Content

- ◆ Planning for end-of-life care
- ◆ Recognising when someone is reaching the end of life
- ◆ Communication
- ◆ Physical needs
- ◆ Making decisions
- ◆ Psychological cultural, religious and spiritual needs
- ◆ Care during and after death

Learning Outcomes

After attending this course, learners will be able to:

- ◆ Define advance statements, advance decision, lasting power of attorney and making a will with regards to planning for end-of-life care
- ◆ List the recognisable symptoms when someone is reaching the end of life
- ◆ Describe how to communication can be adapted in end-of-life care
- ◆ Give an example of the possible physical needs of someone in end-of-life care
- ◆ Explain how to enable someone to make their own decisions
- ◆ Describe how to support someone's psychological cultural, religious and spiritual needs in end-of-life care
- ◆ List the important factors that need to be taken into consideration during and after death

Duration: 3 Hours