



Target Audience

Care and Support staff in a variety of settings and Housing Support Teams who are providing direct care and support.

This course has been developed to explore what is identified as a learning disability and how people may also have an additional diagnosis of a mental health condition, often referred to as a 'Dual Diagnosis'

This course is delivered using a range of methods and resources including:

- ◆ Live tutor facilitation, interactive polls, questionnaires and video clips, questioning and participation and an end of session assessment.

This course has been developed and mapped to current occupational standards, qualification frameworks and the following documents and resources:

- ◆ The Care Certificate Standard 9
- ◆ Royal College of General Practitioners – Health Checks for People with a learning Disability Toolkit

Course Content

- ◆ What is a Learning Disability?
- ◆ Causes of a Learning Disability
- ◆ Symptoms of Learning Disability
- ◆ Types of Learning Disability
- ◆ Learning Disability and Mental Health, 'Dual Diagnosis'
- ◆ Supporting a Person with a Learning Disability and Mental Health Condition

Learning Outcomes

After attending this course, learners will be able to:

- ◆ State what a Learning Disability is
- ◆ List some causes of a Learning Disability
- ◆ List the symptoms of a variety of Learning Disabilities
- ◆ State 3 types of a Learning Disability
- ◆ Give an overview of how a person with a Learning Disability can be affected by a Mental Health Conditions
- ◆ Give an example of how to support a person with a Learning Disability and Mental Health Condition

Duration: 3 Hours