Stoma Care

Target Audience

Care and Support staff in a variety of settings and Housing Support Teams who are providing direct care and support.

A stoma is an opening on the front of the abdomen, made using surgery, which lets faeces or urine be collected outside the body into a pouch. There are several reasons an individual may need a stoma and you may be required to either, support an individual to care for their own or you may need to provide the personal care to ensure the stoma is kept clean and healthy. Together with other professionals, Care and Support workers are able to provide support in a variety of settings to help individuals manage their stoma care. The knowledge gained from this session, together with in-house organisational competency-based assessment, will provide learners with the knowledge and skills to provide stoma care.

This course is delivered using a range of methods and resources including:

- Live tutor facilitation, interactive polls, questionnaires and drawing tools, scenarios for breakout groups, questioning and participation, videos, and an end of session assessment.

This course has been developed and mapped to current occupational standards, qualification frameworks and the following documents and resources:

- SecuriCare Medical – Stoma Care Clinical Nursing Standards – 8th Edition 2019

Course Content

- What is a Stoma
- Why is stoma needed
- Different types of Stoma
- Types of stoma pouches
- Risks and risk management
- Cleaning the Stoma
- Effective skin care
- Practical actions to take this following session

Videos to Include

- Different types of Stoma
- How to clean a Stoma

Learning Outcomes

After attending this course, learners will be able to:

- State what a stoma is
- Explain why a stoma is needed
- List different types of a Stoma
- Give a description of different types of Stoma pouches
- Describe the risks associated with a Stoma and how to manage risk
- Explain how to clean the Stoma
- Give an overview of effective skin care
- State the required actions to take following this session

Duration: 3 Hours