

Target Audience

Managers, Deputy Managers, Team leaders and Housing officers who are responsible for ensuring Care and Support plans are developed and written to achieve the best outcomes for each person they support.

The NHS Long Term Plan (2019) sets out long-term priorities for better care, quality and outcomes for people who need care and support. It advocates a whole-system approach to prevention, with increased action on prevention and reductions in health inequalities.

Care and Support plans should be a collaborative piece of work which seeks to achieve actively promoting independence, well-being and prevention. By having detailed care and support plans in place this means we are able to intervene early to support people to retain their skills, confidence and contribute to preventing further need or delay deterioration wherever possible.

Prevention can be defined by 4 main areas:

- ◆ Supporting people to live as healthily as possible, both mentally and physically
- ◆ Reducing the use of health services, including primary care, emergency services and hospitals
- ◆ Preventing or reducing the escalation of health issues
- ◆ Supporting people to remain as independent as possible

This course has been developed to support learners with the knowledge and skills required for them to develop a detailed plan and action plan for how to achieve the desired outcomes.

This course is delivered using a range of methods and resources including:

- ◆ Live tutor facilitation, questionnaires, interactive polls, scenarios for breakout groups, questioning and participation, action planning and an end of session assessment.

This course has been developed and mapped to current occupational standards, qualification frameworks and the following documents and resources:

- ◆ The Care Act 2014: Personalising Care and Support Planning
- ◆ Think Local Act Personal Guide: Delivering Care and Support Planning
- ◆ Skills for Care – Care and Support planning self-assessment tool
- ◆ Skills for Care – Good and outstanding guide
- ◆ CQC KLOE's
- ◆ The NHS Long Term Plan (2019)
- ◆ ICO - Data Protection and GDPR



Course Content

- ◆ Fit for purpose care and support plans
- ◆ A strength based approach
- ◆ Prevention approaches: Prevent – Reduce – Delay
- ◆ Opportunities for prevention – Integration and collaborative working
- ◆ Principles of conversational assessments to assess and plan people's care and support
- ◆ Creating a culture around confidentiality and consent for sharing information
- ◆ Action planning for improvements to own area of responsibility

Learning Outcomes

After attending this course, learners will be able to:

- ◆ Identify areas of current care and support plans which do not meet a person-centred care and support plan that could help to prevent, delay or reduce the need for additional or different health or care services.
- ◆ Action plan to update plans so that they reflect practice for preventing, delaying or reducing the need for additional or different health or care services.
- ◆ Evidence how plans meet CQC KLOE E4 - how providers support people to live healthier lives

Duration: 6 Hours